



UC vs ALJ and Rahway at Warinanco Park (Boys)

9/16/2014

Weather: 72 Sunny

A lot of Improvement!

5150 Meters (4:30 PM)		Comments	Pace	Split Times	
				1.0 mile	2.0 miles
Perona, Jimmy	17:48.00		5:33	5:13.00	10:45.00
McCabe, Brendan	17:49.00	<i>PR (-21.00)</i>	5:34	5:25.00	10:58.00
Gibbs, Greg	18:28.00	<i>PR (-01.00)</i>	5:46	5:32.00	11:11.00
Garrity, Trevor	18:28.00		5:46	5:32.00	11:17.00
Henderson, Jakell	18:28.00	<i>PR (-2:11.00)</i>	5:46	5:40.00	11:28.00
Novack, Luke	18:36.00		5:48	5:24.00	11:11.00
Cadas, Justin	18:40.00		5:49	5:32.00	11:17.00
Tyburczy, Alexei	18:50.00	<i>PR (-22.00)</i>	5:53	5:34.00	11:36.00
Veliakath, Joe	18:53.00		5:54	5:40.00	11:40.00
Williams, Bishop	18:54.00	<i>PR (-04.80)</i>	5:54	5:40.00	11:40.00
Cuppari, Nick	18:56.00	<i>PR (-26.73)</i>	5:54	5:40.00	11:36.00
Rodriguez, Andre	19:02.00		5:56	5:32.00	11:32.00
Sagendorf, Brian	19:27.00		6:04	5:54.00	12:02.00
Birritteri, Nick	19:38.00		6:08	5:45.00	12:10.00
Moncada, Matius	19:51.00		6:12	5:51.00	12:17.00
Keating, Doug	19:55.00		6:13	5:54.00	12:17.00
O'Connor, Brendan	20:05.00	<i>PR (-36.00)</i>	6:16	6:10.00	12:33.00
Nucatola, Tom	20:06.00		6:16	6:10.00	12:33.00
Kaluzny, Ian	20:48.00		6:29	6:10.00	12:45.00
Mohammad, Alfred	21:02.00		6:34	6:10.00	12:46.00
Malar, Brian	21:49.00		6:49	6:24.00	13:15.00
Greey, Tom	22:31.00		7:02	6:30.00	13:57.00
Rokosz, Gerard	22:45.00		7:06	6:30.00	13:56.00
Patel, Karan	25:03.00		7:49	7:04.00	15:15.00
McTernan, Nick	25:24.00		7:56	7:05.00	15:20.00
Porras, Zach	25:45.00		8:02	7:15.00	15:32.00

2.0 Miles (4:30 PM)		Comments	Pace	Split Times	
				1.0 mile	
Albanese, Christian	13:50.00		6:55	6:18.00	
McKinney, Justin	16:40.00		8:20	7:25.00	